

What should I already know?

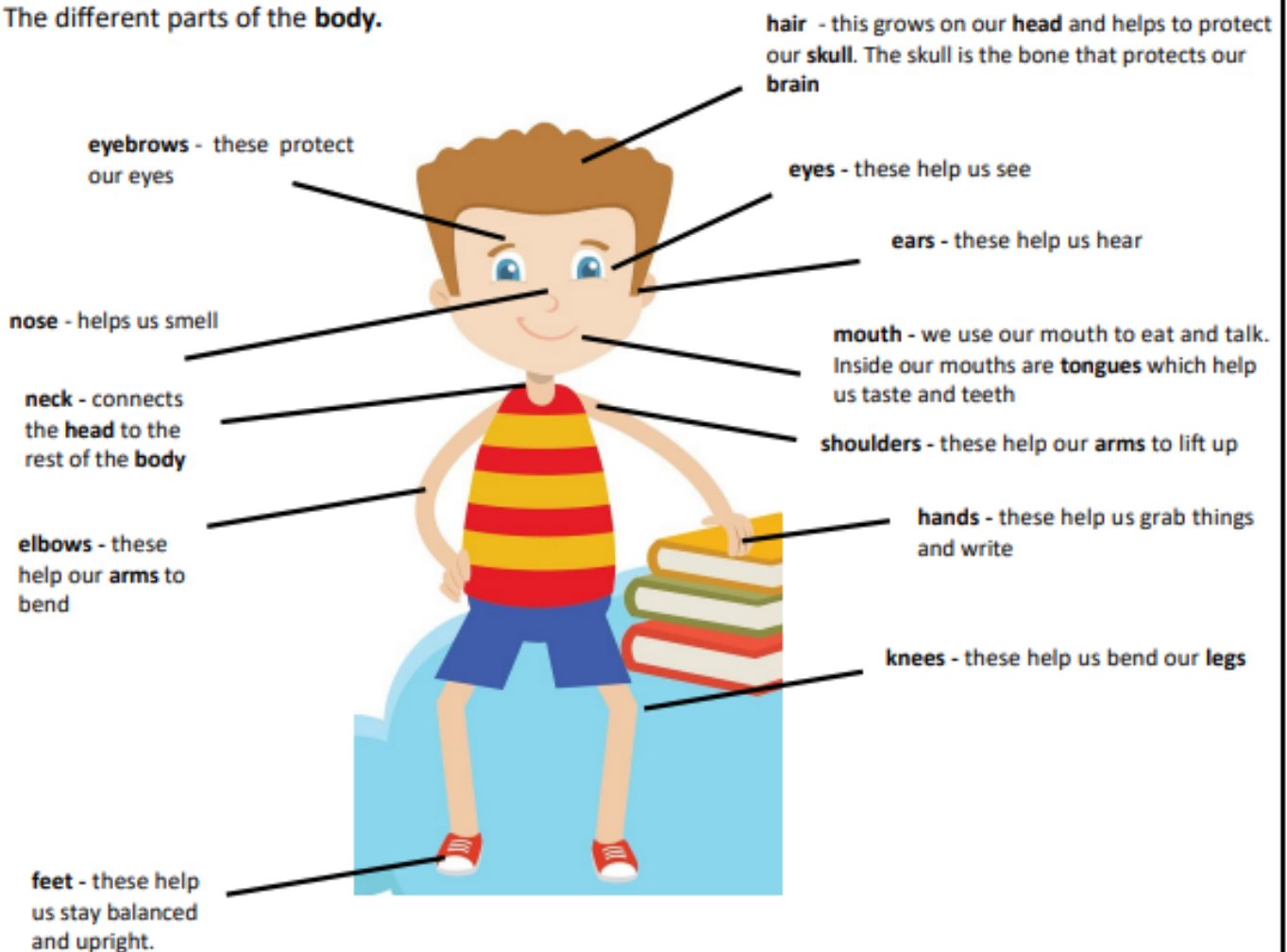
- Know how to keep healthy by doing exercise and eating healthily.
- Know some rhymes about the **body** (e.g. Heads, Shoulders, Knees and Toes)

Investigate!

- Label the different parts of the body and describe what each part does.
- Draw around one of the pupils in your class using chalk - label the different parts of the body.
- Complete a simple exercise (such as a star jump) and describe which parts of your body move.
- Participate in a sensory experience where you taste, feel, look at and see different foods (check for allergies first).
- Use senses to compare different textures, sounds and smells
- Discuss activities where you might use more than one sense (e.g. playing football).

What will I know by the end of the unit?

The different parts of the **body**.



We have five **senses**.

- 1) We **smell** using our nose. 
- 2) We **taste** using our tongue. 
- 3) We **touch** using parts of our body, like our hands. 
- 4) We **see** using our eyes. 
- 5) We **hear** using our ears. 